



DENTAL
CONTINUING
EDUCATION

DENTAL SLEEP MEDICINE Mini-Residency

Module I: October 17-19, 2019

Module II: January 16-18, 2020

Module III: April 16-18, 2020

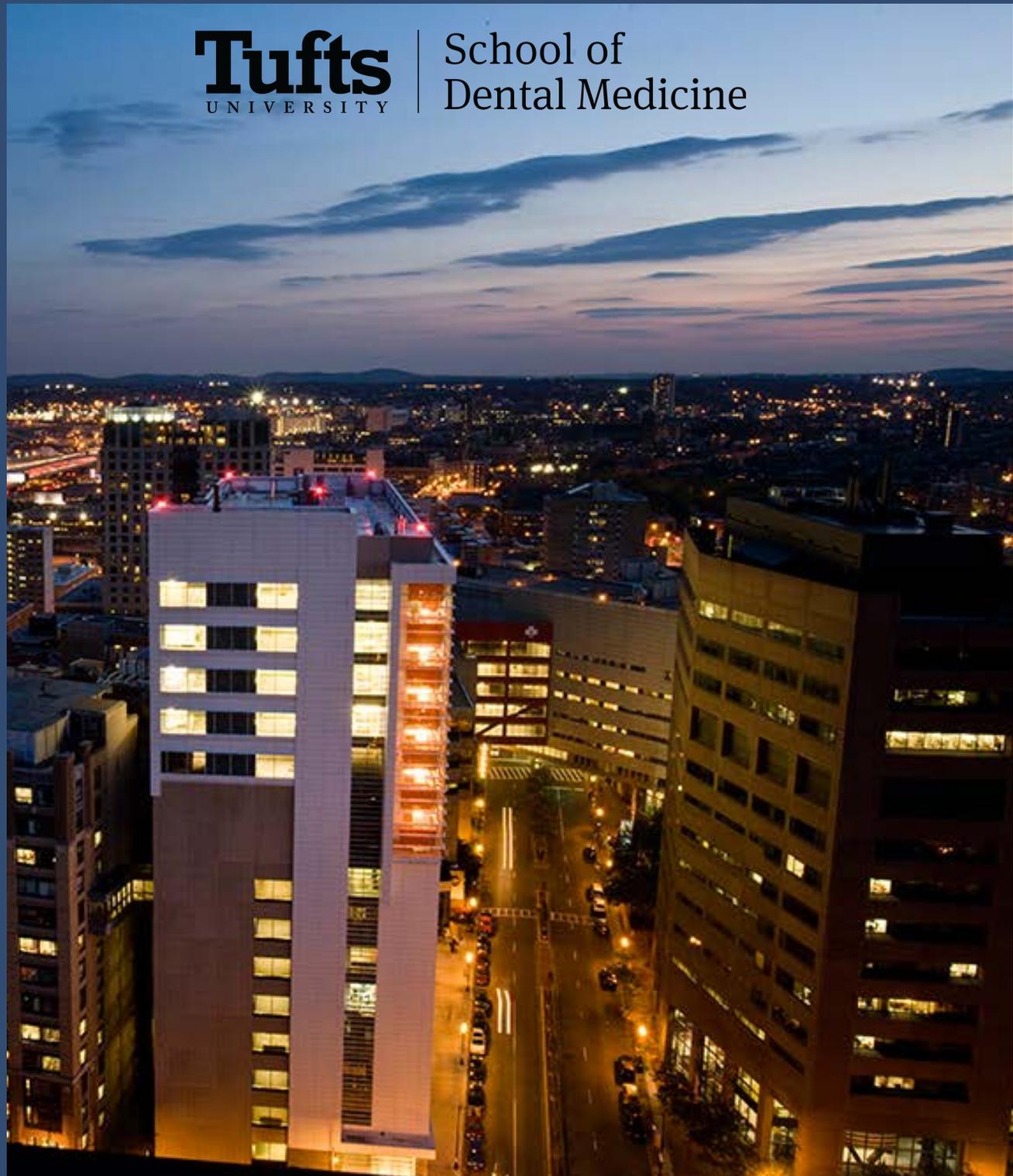
Now entering its eleventh year, Tufts University School of Dental Medicine is proud to announce the next session of our flagship dental sleep medicine program.



This program meets the accreditation standards to be an AADSM Mastery Program Provider.



School of
Dental Medicine



Faculty Members & Guest Lecturers

<p>John Remmers, MD</p> <p>Dr. Remmers is a pulmonologist and clinical professor of internal medicine at the University of Calgary with an active sleep practice in the sleep lab at the Foothills Medical Center in Calgary. He is a recognized physiologist, physician, pioneer and innovator in sleep medicine, having invented products ranging from portable diagnostic sleep monitors to auto-titrating CPAP devices. A world-renowned expert in the field of snoring and obstructive sleep apnea (OSA), he was the first researcher to elucidate the pathogenesis of sleep apnea and demonstrate that sleep apnea is caused by an anatomical narrowing of the pharynx.</p>	<p>Orfeu Buxton, PhD</p> <p>Dr. Buxton's research primarily focuses on 1) the cause of chronic sleep deficiency in the workplace, home, and society, and 2) the health consequences of chronic sleep deficiency, especially cardiometabolic outcomes, and the physiologic and social mechanisms by which these outcomes arise. Dr. Buxton serves on the Internal Advisory Board for the Harvard School of Public Health Center for Work, Health, and Well-Being. Dr. Buxton is an Associate Professor at Penn State University and Harvard Medical School.</p>	<p>Gilles Lavigne, DMD, PhD</p> <p>Dr. Lavigne completed his postdoctoral training on the neurobiology of pain at the National Institutes of Health (NIH), USA. He received a Doctor honoris causa from the Faculty of Medicine, University of Zurich, Switzerland. He holds a Canada Research Chair in Pain, Sleep & Trauma and is former Dean of the Faculty of Dental Medicine at the Université de Montréal, Canada. Lavigne is internationally recognized for his experimental and clinical research projects on sleep bruxism and the interactions between sleep, pain, and breathing disorders.</p>	<p>Jonathan Parker, DDS</p> <p>Dr. Parker is a graduate of the University of Minnesota School of Dentistry and adjunct faculty at Tufts University School of Dental Medicine. He has treated patients with snoring and sleep apnea for over 24 years and has had a full-time practice in dental sleep medicine in Minneapolis, Minnesota since 2001. Parker has authored a number of research articles and abstracts evaluating the effectiveness of oral appliance therapy for obstructive sleep apnea (OSA).</p>
<p>Umakanth Khatwa, MD</p> <p>Dr. Khatwa is an Attending Physician as well as the Director of Sleep Laboratories, Director of Aero-digestive Center, and Director of Primary Ciliary Dyskinesia Program at Boston Children's Hospital; he is also an Instructor in Pediatrics at Harvard Medical School. Khatwa specializes in Pulmonary Medicine, Sleep Disorders, Chronic Lung Disease, Sleep Disordered Breathing, Apnea, Cough, Respiratory Diseases, Aerodigestive Disorders, and Cystic Fibrosis. He received his medical education from Karnataka Institute of Medical Sciences and completed his training at Lincoln Medical Center, All India Institute of Medical Sciences, Weil Cornell Medical School, Harvard Medical School, Beth Israel Deaconess Medical Center, and Boston Children's Hospital.</p>	<p>Jayne Matchinsi, JD</p> <p>Ms. Matchinski concentrates her practice on health care and corporate law, with a particular focus in the area of sleep medicine. She assists physicians and health care systems with compliance, reimbursement, licensure, and certification issues, as well as the purchase, sale, and formation of health care entities. Her clients include sleep disorder centers, durable medical equipment companies, rehabilitation hospitals and facilities, ambulatory surgery centers, long-term acute care hospitals, skilled nursing facilities, nursing homes, and assisted living facilities. Previously, Matchinski served as the Vice President of a national health care consulting firm. She is a member of the editorial advisory board of <i>Sleep Diagnosis and Therapy Journal</i>, and an advisory member of the board for the Sleep Center Management Institute in Atlanta, GA.</p>	<p>Greg Essick, DDS, PhD</p> <p>Dr. Greg Essick is a Professor in the Department of Prosthodontics and in the Center for Pain Research and Innovation at the University of North Carolina at Chapel Hill. He completed his DDS and his PhD training in neurophysiology at the University and post-doctoral work at the Salk Institute, La Jolla, California. Essick's NIH-supported research includes studies of chronic orofacial pain and of trigeminal nerve injury. His recent research pertains to the associations between obstructive sleep apnea and temporomandibular disorders (TMD), and periodontitis. He has authored or co-authored more than 100 journal articles and book chapters.</p>	<p>Fernanda Almeida, DDS, PhD</p> <p>Dr. Almeida is an Assistant Professor at the University of British Columbia (UBC), where she also completed her Doctor of Philosophy (Dental Sciences). Almeida received her Doctor of Dental Surgery degree from the University of Sao Paulo, Brazil, and her Master of Science from the Federal University of Sao Paulo, Brazil. She has been involved in oral appliance research and the treatment of patients with obstructive sleep apnea since 1996, and her research is focused on oral appliance side effects, compliance, titration modalities, imaging, and treatment outcome. With other UBC Dentistry faculty, Almeida has designed an interdisciplinary program in dental sleep medicine for the clinical specialty graduate programs in orthodontics and pediatric dentistry.</p>
<p>Noah Siegel, MD</p> <p>Dr. Siegel is board certified in both Sleep Medicine and Otolaryngology Head and Neck Surgery (ENT). He is the Medical Director of Otolaryngology for Massachusetts Eye and Ear's Longwood facility in Boston. He is a member of the Faculties at Harvard Medical School, and Tufts University School of Medicine. Siegel attended the University of Michigan in Ann Arbor for both his undergraduate and medical school training where he graduated Magna Cum Laude in 1995. Siegel has an active medical practice with a primary interest in sleep disorders, allergy and pediatric otolaryngology. In addition, he regularly teaches courses and classes at national conferences and for academic medical/dental training programs.</p>	<p>Carolyn D' Ambrosio, MD</p> <p>Dr. D'Ambrosio is the Director of the Pulmonary and Critical Care Fellowship at the Harvard-Brigham and Women's Hospital, Boston, MA. Her major research interests include the study of sleep apnea as a risk factor for preoperative morbidity and mortality, and the role of fragmented sleep on patients with acute respiratory failure and mitochondrial disease. In addition to her accomplishments in teaching, D'Ambrosio has presented her work on sleep apnea at numerous national conferences. Her research has been featured in many peer-reviewed books and journal articles, and she is an editorial reviewer for journals including <i>Intensive Care Medicine</i>, <i>CHEST</i>, <i>SLEEP</i>, and the <i>Journal of Clinical Sleep Medicine</i>.</p>	<p>Audrey Yoon, DDS, MS</p> <p>Dr. Yoon completed her dual-specialty orthodontic and pediatric dentistry residency at the University of California at Los Angeles (UCLA), where she also earned her Doctor of Dental Surgery and Master of Science degree with honors. Yoon's field of expertise includes the effective utilization of orthodontic Temporary Anchorage Device (TAD) to minimize orthognathic surgery and maximize esthetic successful outcomes. She is a collaborative team member at the Stanford Medical Center in sleep apnea research and has developed a pioneering distraction osteogenesis technique for the treatment of obstructive sleep apnea. Their most recent publication is 'Distraction Osteogenesis Maxillary Expansion (DOE) for Adult Obstructive Sleep Apnea Patients with High Arched Palate.'</p>	<p>Khalid Ismail, MD</p> <p>Dr. Ismail is an Assistant Professor of Medicine and the Director of the Sleep Medicine Fellowship Program at Tufts University School of Medicine. He is also the Director for the sleep center at Tufts Medical Center in Boston, MA. His areas of research interest include the interaction between sleep disordered breathing and pulmonary hypertension.</p>

<p>Irina Dragan, DDS, MS.</p> <p>Dr. Dragan is Assistant Professor at Tufts University School of Dental Medicine (TUSDM), in the Department of Periodontology. She is a Diplomate of the American Board of Periodontology and received her Certificate in Periodontology and Master of Science degree from TUSDM. Because of her unique background, she is dividing her time between the Department of Periodontology and the Office of Academic Affairs. Dragan is involved in educational and clinical research, mentoring predoctoral and postgraduate students. She has been honored for her work, most recently in 2015 by the American Academy of Periodontology Foundation and in 2016 with the ADEA Chair of the Board of Directors Citation. She is a fellow of the ADEA Emerging Academic Leaders Program and ADEA AAL Institute for Teaching and Learning Program.</p>	<p>Antonio Romero, DDS, PhD</p> <p>Dr. Romero graduated from University of Valencia, Doctor cum laude PhD, Postgraduate Degree in Statistical Analysis from Health Sciences. He is a Diplomate by the American Board of Orofacial Pain, member of the Research Committee of the American Academy of Dental Sleep Medicine, and member of the Spanish Society of Craniomandibular Dysfunction, Spanish Pain Society, and Spanish Society of Dental Sleep Medicine. Romero's private practice is exclusively limited to TMD, Orofacial Pain and Dental Sleep Medicine in Valencia, Spain. He has lectured widely on the topics of TMD, Bruxism, Orofacial Pain, and Dental Sleep Medicine both in Spain and internationally.</p>	<p>Robert Rogers, DMD</p> <p>Dr. Rogers has had a special interest in the treatment of sleep-disordered breathing since 1990 and treats patients in conjunction with many regional sleep centers. Presently, he is President and Director of Clinical Services for Pittsburgh Dental Sleep Medicine, PA, and limits his practice to dental sleep medicine. Rogers is the founding president of the American Academy of Dental Sleep Medicine (AADSM) and served again as president in 1995 and 1999. In addition to being a long-term member of the Board of Directors, he has participated in committee work on a consistent basis. Rogers is a Diplomate of the American Board of Dental Sleep Medicine and is the recipient of the AADSM Distinguished Service Award. He was the author/editor of the original AADSM educational slide series and is a contributing author to the graduate dental text, <i>Clark's Clinical Dentistry</i>. He is currently the dental consultant to Philips-Respironics, Inc.</p>	<p>Mary Beth Rogers, BS</p> <p>Ms. Rogers graduated from the University of Pittsburgh with a Bachelor of Science degree in education and taught school in the Pittsburgh area for several years. After teaching, she managed a busy dental practice for her husband, Rob Rogers, for many years and is experienced in dental assisting, front office management, bookkeeping and accounting. In 1991, Mary Beth Rogers became the Executive Director of the newly formed Sleep Disorders Dental Society, a non-profit professional educational association of dentists and physicians. Under her direction, the society came together to promote the legitimate acceptance of oral appliance therapy by the medical profession and expand the role of dentists in the practice of sleep medicine. Rogers works closely with Medicare as a member of the Provider Outreach Education Advisory Group and consults with many insurance companies to help establish medical policy regarding oral appliances.</p>
<p>Leopoldo P. Correa, BDS, MS</p> <p>Dr. Correa is an Associate Professor, Division Head of Dental Sleep Medicine, and the Director of the Dental Sleep Medicine Fellowship Program at Tufts University School of Dental Medicine in Boston, MA. He is Diplomate of the American Board of Dental Sleep Medicine and received his Master's Degree at Tufts University where he has treated sleep apnea and TMD patients for over 15 years. Correa teaches Dental Sleep Medicine in the pre- and postgraduate programs at Tufts University, and participates as a speaker in national and international seminars.</p>	<p>Noshir R. Mehta, DMD, MS</p> <p>Dr. Mehta is the Senior Advisor for the Craniofacial Pain, Headache and Sleep Center and Associate Dean of Global Relations, at Tufts University School of Dental Medicine. He is a Diplomate of the American Board of Orofacial Pain and American Board of Dental Sleep Medicine, a Fellow of the International College of Dentists, and a Fellow of the Pierre Fauchard Academy. Mehta is the author of numerous scientific articles and chapters in major textbooks on orofacial pain and continues to lecture nationally and internationally on his areas of interest, including dental occlusion, bruxism, and dental sleep.</p>	<p>Robert Talley, DDS</p> <p>Dr. Talley manages a private practice that has been limited to conservative care through interdisciplinary management of patients with sleep disorders, TMD, and craniofacial pain since 1983. Founding member and two-time past-president of the AACP, he is a Diplomate of the American Board of Dental Sleep Medicine, the American Board of Craniofacial Pain, and the American Board of Orofacial Pain. Author of the "Dental Sleep Medicine" chapter of <i>Craniofacial Pain: A Handbook for Assessment, Diagnosis & Management</i> and an AACP Institute faculty member, Talley is a graduate of the University of Missouri-Kansas City School of Dentistry (1971).</p>	<p>Jamison R. Spencer, DMD, MS</p> <p>Dr. Spencer is a Diplomate of the American Board of Craniofacial Pain and the American Board of Dental Sleep Medicine. He is past President of the AACP and an AACP Institute faculty member. He completed a 3-year distance learning MS degree program through Tufts University. Spencer's private practice is limited to dental sleep medicine and craniofacial pain. He lectures nationally and internationally on the topics of anatomy, craniofacial pain, and dental sleep.</p>

Tufts University Dental Continuing Education is committed to providing evidence-based, interprofessional education and training for dentists with an interest in the management of sleep-disordered breathing, I am pleased to announce our upcoming mini-residency program; this program meets the accreditation standards to be an AADSM Mastery Program Provider. Our program is intended for dentists looking to take the first steps towards learning and understanding the practice of dental sleep medicine, as well as those who are looking to increase their knowledge of sleep-related sciences, clinical applications, and practice management. I encourage you to join us on this educational program and participate in the expanding field of Dental Sleep Medicine.



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