

# Spencer *Study Club*



## Quiz

- Scan and email completed quiz questions to [Darcie@SleepIdaho.com](mailto:Darcie@SleepIdaho.com), or fax to (208) 376-3616.
- Allow 7-10 days for scoring, printing & mailing of CE certificate, and submission of credits to AGD (if desired).
- If you would like your credits submitted to the AGD, please include your information and AGD member number on the form.
- The course verification code will be given during the webinar.

# October 5, 2017 Webinar CE Quiz

Total 1 hour of qualified CE



## Course Attendance Verification

**The Center for Sleep Apnea & TMJ**  
**8119 W. Ustick Rd., Ste. 103**  
**Boise, ID 83704**

Participant's Name: \_\_\_\_\_

State and License #: \_\_\_\_\_ AGD ID#: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Course Title: \_\_\_\_\_ Bite Registrations and Choosing the Right Appliance

Speaker Name: \_\_\_\_\_ Jamison R. Spencer, DMD, MS

Educational Method: \_\_\_\_\_ Online Videos & Quiz \_\_\_\_\_ Total CDE Hours: \_\_\_\_\_ 1

Course Date: \_\_\_\_\_ 10 / 5 / 17 \_\_\_\_\_ Location: \_\_\_\_\_ Webinar

AGD Subject Code: \_\_\_\_\_ 730 Sleep Medicine

Course Verification Code (given at the end of the program): \_\_\_\_\_



\_\_\_\_\_  
Jamison Spencer, DMD, MS  
Spencer Study Club  
The Center for Sleep Apnea & TMJ

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1. When taking a bite registration for an oral appliance Dr. Spencer has found that one of the most critical things to focus on for a predictable outcome is:
  - A. Measuring the patient's protrusive movement and taking the bite registration at 70% or more of their maximum protrusion.
  - B. Taking the initial bite registration at a "comfortably protruded" position that is comfortable to the patient and also seems appropriate to the dentist.
  - C. Using a hard dental wax rather than a VPS bite registration material.
  - D. Making certain that the vertical is opened at least 6mm inter-incisal.
  - E. None of the above.
  
2. When taking a bite registration for an oral appliance and using the George Gauge, the last step is to:
  - A. Make sure to heat sterilize the handle before the next use.
  - B. Send the handle and bite registration fork together to the lab.
  - C. Remove the bite registration fork from the handle and confirm intra-orally that there was no deflection of the jaw caused by the handle.
  - D. Confirm that the bite registration was taken at least 70% of maximum protrusion.
  - E. All of the above.
  
3. A good appliance choice for someone who has evidence of lateral bruxism would be:
  - A. A **typical** push/pull appliance (i.e. "TAP style")
  - B. A **typical** push appliance (i.e. "Herbst style")
  - C. A **typical** interlocking appliance (i.e. "dorsal style")
  - D. A **typical** pull appliance (i.e. "EMA style")
  - E. A, B or D
  
4. A good appliance choice for a patient who is missing several posterior teeth, or just has poor retentive features in general would be:
  - A. A **typical** push/pull appliance (i.e. "TAP style")
  - B. A **typical** push appliance (i.e. "Herbst style")
  - C. A **typical** interlocking appliance (i.e. "dorsal style")
  - D. A **typical** pull appliance (i.e. "EMA style")
  - E. B or C
  
5. In Dr. Spencer's opinion, the easiest and most cost effective way to do "combination therapy" is:
  - A. To take an impression of the patient's face and have a custom mask/oral appliance interface fabricated.
  - B. To use an over the counter boil and bite oral appliance/nasal pillow interface.
  - C. To use whatever custom fabricated oral appliance is the best choice for the patient and pair this with whatever CPAP mask is the best choice for the patient.
  - D. To combine oral appliance therapy with upper airway surgery.
  - E. Dr. Spencer does not advocate combination therapy as there is no evidence to support it.