
Curriculum Vitae

JAMISON ROSS SPENCER, D.M.D., M.S.

I. Education:

Borah High School, Boise, Idaho	1987
Brigham Young University, Provo, Utah	
Bachelor of Arts Degree in Humanities and Pre-Dental	1994
Southern Illinois University, School of Dental Medicine, Alton, Illinois	
Doctor of Dental Medicine Degree	1998
Tufts University, Tufts School of Dental Medicine, Boston, Massachusetts	
Craniofacial Pain Center Dental Distance Education Program	
Masters of Science	2008

II. Professional Certification:

National Board of Dental Examiners
Western Regional Examination Board
Licensed to practice dentistry in the states of: Idaho, Oregon, Utah, and Colorado
Certified acupuncturist in the state of Idaho

III. Professional Memberships:

American Dental Association
 Idaho State Dental Association
 Southwest Idaho Dental Society:
 President 2003-2004
 President Elect 2002-2003
 Vice President 2001-2002
American Academy of Craniofacial Pain
 Fellow Status
 Current President
 Current Executive Committee Member
 Current Member of the Board of Directors
 Past President Elect
 Past Program Committee Member
American Board of Craniofacial Pain
 Diplomate
 Current Member of the Board of Directors
American Board of Dental Sleep Medicine
 Diplomate
 Current Committee Member
American Academy of Dental Sleep Medicine
 Credentialed by examination
American Academy of Sleep Medicine
Idaho Sleep Disorders Association
American Academy of Pain Management
Academy of General Dentistry

IV. Speaker:

- 2012 Rocky Mountain Dental Conference, Denver, Colorado, “Capsulitis, Trismus or Non-Reducing Disc Displacement: TMJ disorders common to the general dental practice,” “Acupuncture, Trigger Points and Bruxism.” (½ day courses)
Hawaiian Dental Seminar, Maui and Kauai, Hawaii, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing,” (Kauai) “Capsulitis, Trismus or Non-Reducing Disc Displacement: TMJ disorders common to the general dental practice.” (Maui) (½ day courses)
Tufts University/American Academy of Craniofacial Pain Dental Sleep Medicine Mini-Residency, Boston, Massachusetts, Program Director
- 2011 American Academy of Craniofacial Pain, New Orleans, Louisiana, “Clinical Pearls for Dental Sleep Medicine”
Hawaiian Dental Seminar, Maui, Hawaii, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing.” (½ day course)
OmniSleep, Mumbai, India (Multi day training of dentists in basic and advanced dental sleep medicine techniques. Also included lectures with family doctors and sleep doctors in the Mumbai area.)
Australian Chapter of the American Academy of Craniofacial Pain, Sydney, Australia, “TMD and Dental Sleep Medicine Basics,” (½ day course)
Tufts University/American Academy of Craniofacial Pain Dental Sleep Medicine Mini-Residency, Boston, Massachusetts, Program Director
International Association for Orthodontics, Scottsdale, Arizona, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing.” (½ day course)
Simposio ATM, San Sebastian, Spain, “Parafuction or Protective Function, the connection between Bruxism and OSA.”
California Dental Association, San Francisco, California, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing,” “Capsulitis, Trismus or Non-Reducing Disc Displacement: TMJ disorders common to the general dental practice.” (½ day courses)
Sofia Dental Congress, Sofia, Bulgaria, “Basics of TMD and Dental Sleep Medicine,” “Hands on Dental Sleep Medicine Workshop.”
Tufts University/American Academy of Craniofacial Pain Dental Sleep Medicine Mini-Residency, Boston, Massachusetts, Program Director
American Academy of Craniofacial Pain TMD Mini-Residency, Dallas, Texas
Greater New York Dental Meeting, New York, New York, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing,” “Capsulitis, Trismus or Non-Reducing Disc Displacement: TMJ disorders common to the general dental practice.” (½ day courses)
- 2010 Southwest Dental Conference, “TMD and Dental Sleep Medicine”, Dallas, Texas (1 day course with an additional ½ day hands on workshop)
American Equilibration Society, “Treating the Non-Reducing Disc”, Chicago, Illinois
American Academy of Craniofacial Pain Institute, “Session IV, Dental Sleep Medicine”, Dallas, Texas (1 day course)
American Academy of Cosmetic Dentistry, “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing”, Dallas, Texas
Texas Dental Association, “TMD and Dental Sleep Medicine”, San Antonio, Texas (1 day course with an additional ½ day hands on workshop)
California Dental Association, “Capsulitis, Trismus or Non-Reducing Disc Displacement” (1/2 day course given twice), and “The Dentist’s Role in the Diagnosis and Treatment of Sleep Disordered Breathing” (1/2 day course given twice), Anaheim, California
American Academy of Craniofacial Pain, 25th Anniversary Symposium, “Parafuction or Protective Function—the Relationship Between Bruxism and the Airway”, Salt Lake City, Utah
Western Michigan Dental Society, “TMD and Dental Sleep Medicine”, Grand Rapids, Michigan (1 day course)
Greater New York Dental Meeting, “The connection between TMD and Dental Sleep Medicine”, New York, New York (1 day course)

- 2009 Southwest Dental Conference, "TMD and Dental Sleep Medicine", Dallas, Texas
(1 day course)
American Academy of Craniofacial Pain, Winter Meeting, "Avoiding and Treating Problems in the Sleep Disordered Breathing Patient", New Orleans, Louisiana
Bioresearch Annual Meeting, "Head and Neck Anatomy and TMD", Milwaukee, Wisconsin (1 day course)
Idaho State Dental Association, "The Dentist's Role in the Diagnosis and Treatment of Sleep Disordered Breathing", Boise, Idaho
American Academy of Craniofacial Pain, Dental Sleep Medicine Course and Hands on Workshop, Dallas, Texas (2 day course with Dr. Robert Talley),
Terry Tanaka Study Club, Dental Sleep Medicine Course, Honolulu, Hawaii
American Academy of Craniofacial Pain Institute, Session II, Dallas, Texas
- 2008 American Academy of Restorative Dentistry Annual Meeting, Chicago, Illinois
California Dental Association Annual Meeting, Anaheim, California (1 day course)
American Academy of Craniofacial Pain Institute, Session II, Dallas, Texas
Body Logic, "TMD and Dental Sleep Medicine", Gold Coast, Australia (3 day course)
Dayton Dental Society, "TMD and Dental Sleep Medicine", Dayton, Ohio (1 day course)
- 2007 American Academy of Craniofacial Pain Institute, Session IV, Dallas, Texas
American Academy of Craniofacial Pain Summer Symposium, Fort Worth, Texas
Idaho State Dental Association, Yellowstone Conference (1 day course)
Body Logic, "Head and Neck Anatomy and Injections", Melbourne, Australia (2 day course)
Canadian Section of the American Academy of Craniofacial Pain, Toronto, Canada
American Academy of Craniofacial Pain, "Head and Neck Anatomy Dissection",
Dallas, Texas (2 day course)
Craniofacial Pain Center of Idaho, "Head and Neck Anatomy and Local Anesthesia", Boise, Idaho (1 day course)
Utah Academy of General Dentistry, "Head and Neck Anatomy and Local Anesthesia",
Salt Lake City, Utah (1 day course)
American Academy of Craniofacial Pain Institute, Session II, Dallas, Texas
- 2006 BioResearch Annual Conference, Milwaukee, Wisconsin
"Advanced Head and Neck Anatomy and Therapeutic and Diagnostic Injections for Craniofacial Pain", Chicago, Illinois (2 day course)
Eastern Oregon Dental Association, "Head and Neck Anatomy, Craniofacial Pain Disorders; A Dentist's Role in Sleep Disordered Breathing", La Grande, Oregon (1 day course)
CAIC, "The Dentist's Role in Sleep Disordered Breathing" San Diego, California
American Academy of Craniofacial Pain Institute, Session II, Dallas, Texas
American Academy of Craniofacial Pain Latin America Chapter, "From Splint Therapy to Phase II", Panama City, Panama
- 2005 St. Luke's Migraine Headache Support Group, Boise, Idaho
American Academy of Craniofacial Pain, "Advanced Head and Neck Anatomy and
American Academy of Craniofacial Pain, "Therapeutic and Diagnostic Injections for Craniofacial Pain", Milwaukee, Wisconsin (2 day course)
BioResearch Annual Conference, Milwaukee, Wisconsin
"Advanced Head and Neck Anatomy and Therapeutic and Diagnostic Injections for Craniofacial Pain", Chicago, Illinois (2 day course)
- 2004 Head and Neck Anatomy Review and Craniofacial Pain Disorders for Acupuncturists,
Boise, Idaho (1 day course)
Western Treasure Valley District Dental Society, Nampa, Idaho
Advanced Dental Concepts Study Group, Pocatello, Idaho
Craniofacial Cruise Course, "TMJ Disorders and the Dentist's Role in Sleep Disordered Breathing", Western Caribbean

- Boise State University, “Head and Neck Anatomy and Craniofacial Pain Disorders for Physical Therapists”, Boise, Idaho, (1 day course)
 BioResearch Annual Conference, Milwaukee, Wisconsin
 Boise State University, “Head and Neck Anatomy and Local Anesthesia Review for Dental Hygienists”, Boise, Idaho (1 day course, repeated 3 sessions)
 American Academy of Craniofacial Pain Annual Meeting, Washington D.C.
- 2003 Sun Valley Study Club, Sun Valley, Idaho
 BioResearch Annual Conference, Milwaukee, Wisconsin
 Boise State University, “Head and Neck Anatomy Review and Craniofacial Pain for Physical Therapists”, Boise, Idaho (1 day course)
 Boise State University, Biology Majors Course, Boise, Idaho
 ACE Hygienist Association, “Sleep Disordered Breathing”, Boise, Idaho
 American Institute of Health Technology, Assistant Program, Boise, Idaho
 Boise State University, “Head and Neck Anatomy and Local Anesthesia Review for Dental Hygienists”, Boise, Idaho (1 day course)
- 2002 Southwest Idaho District Dental Society, Boise, Idaho
 Beartooth Study Club, Billings, Montana (1 day course)
 Sun Valley Study Club, Sun Valley, Idaho
 Idaho Trial Lawyers Association, Boise, Idaho
 Head and Neck Anatomy for Dentists, Boise, Idaho (1 ½ day course)
 HealthSouth Physical Therapy Regional Conference, Portland, Oregon (1 day course)
 Boise State University, Guest Lecturer in Biology Majors Course, Boise, Idaho
 Saint Luke’s Meridian Sleep Disorders Center, Meridian, Idaho
 South Central Idaho Dental Society, Twin Falls, Idaho
- 2001 Dr. Brion Lowry and Dr. Eric Lowry, Staff Inservice, Boise, Idaho
 HealthSouth Physical Therapy Group, Boise, Idaho
 Idaho Sleep Disorders Association Annual Meeting, Boise, Idaho
- 2000 Willow Tree Dental Group, Staff Inservice, “TMJ Disorders”, Meridian, Idaho
 Treasure Valley Hospital, Staff Inservice, “Dental Sleep Medicine”, Boise, Idaho
- 1999 ACE Hygienist Association, “Headaches and Facial Pain”, Boise, Idaho
 St. Luke’s Hospital Sleep Disorders Journal Club, “Oral Appliance Therapy”, Boise, Idaho
 AWAKE Meeting, St. Luke’s Hospital, “Oral Appliance Therapy”, Boise, Idaho
 Community Education Courses on TMD and Sleep Disorders, Boise, Idaho
 Idaho Physical Therapy, “TMJ Disorders and the Physical Therapist’s Role”, Nampa, Idaho
 ACE Hygienist Association, “TMJ Disorders”, Boise, Idaho

V. Research/Presentations/Publications/Inventions:

- 2009 FDA Approval of the “Silent Sleep” oral appliance for snoring and sleep apnea
 2008 Thesis: “The Density of Distribution of Trigeminal Nerve Endings in Male and Female Subjects”, Tufts University Masters of Science Program
- 2005 Oral Health: “Unlocking the Non-Reducing Disc”, June issue, pp. 62-68
- 2002 American Academy of Craniofacial Pain Annual Meeting, “An Unusual Presentation of Non-Reducing Disc Displacement”, Las Vegas, Nevada
- 2001 American Academy of Craniofacial Pain, Annual Meeting,
 “Oral Appliances in the Treatment of Obstructive Sleep Apnea” and
 “A Simplified Method for Fitting of the NTI Appliance”, San Antonio, Texas

VI. Faculty Appointments/Reviewership:

2010 to Present Instructor/Director, Tufts/AACP Dental Sleep Medicine Mini Residency
2008 to Present Adjunct Faculty, Tufts University School of Dental Medicine, Craniofacial Pain
2007 to Present Graduate School Faculty, Boise State University
2006 to Present Instructor and Founding Member, American Academy of Craniofacial Pain Institute
2002 to Present Instructor of Advanced Head and Neck Anatomy, Boise State University
1999-2000 American Institute of Health Technologies, Dental Hygiene Program, Instructor of Head and Neck Anatomy, Oral Anatomy, Embryology, and Local Anesthesia
American Institute of Health Technologies, Dental Hygiene Program, Clinical Instructor:

Editor: Cranio: The Journal of Craniomandibular Practice (Anatomy Editor)

VII. Continuing Education:

Certification Course: Soft Tissue Injuries Resulting from Motor Vehicle Accidents, Chris Brown, D.D.S., M.S. and Wesley Shankland, D.D.S., Ph.D. Certificate awarded by examination through the American Academy of Head, Neck and Facial Pain

Fellowship status in the American Academy of Craniofacial Pain

Diplomate status by the American Board of Craniofacial Pain

Credentialed by examination in the Treatment of Obstructive Sleep Apnea using Oral Appliances by the Academy of Dental Sleep Medicine.

Diplomate status by the American Board of Dental Sleep Medicine

Helm's Medical Institute Acupuncture for Physicians Program: 300-hour course in medical acupuncture for physicians (MD, DO, DMD, DDS, DPM)

>2000 accumulated hours of continuing education related to craniofacial pain, sleep disorders, and pain management.

VIII. Practice History:

1998 to 1999 Joined private practice of Dr. Edwin Matthes: focused 100% on the treatment of TMD, craniofacial pain and related disorders for 20 years

1999- Present Craniofacial Pain Center of Idaho: Private practice focused solely on the treatment of craniofacial pain, TMD and the treatment of sleep disordered breathing

2007-Present Craniofacial Pain Center of Colorado: Private practice focused solely on the treatment of craniofacial pain, TMD and the treatment of sleep disordered breathing

IX. Personal Information:

Married to Jennifer Spencer; six children ages 18, 16, 16, 13, 6 and 4. Outdoor activities: fly fishing, water skiing, snow skiing, rock climbing with his twin boys, and running (completed a marathon and ultra-marathon). Dr. Spencer is active in his church and community.